



## ABOUT AVIVA WO/MAN

Aviva Wo/Man is a lifestyle & wellness clinic specializing in bio-identical hormone therapy, iv infusion, gut restoration, cosmetic injections and beauty services. We were recognized as one of the top providers in Utah for hormone balancing and sexual function treatments, and we were featured in *Vanity Fair* magazine.

Recently, we have launched new programs to support *Wellness in the Workplace* with a focus on women's wellness (even though 23% and growing of our clientele are men!) We have seen great success with these programs, but can also customize a solution that fits your specific needs, including discounts for your employees at our clinic and other great benefits.

### CALL OR TEXT

1-801-500-0919

### LOCATION

999 E. Murray Holladay Rd.  
Ste, 204  
Millcreek UT 84117

### EMAIL

info@avivawoman.com

### SOCIAL

Instagram: @avivawoman

Facebook: /avivawoman

### ONLINE

www.avivawoman.com



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# AVIVA WO/MAN

*It's time to feel like you again.*





NEW!

## Weight Management Program

Unlike other programs that help you lose weight with packaged meal plans, our *Weight Management Program* combines customized prescriptions with lifestyle skills for movement, whole food based nutrition plans, and stress management techniques so the results and habits last a lifetime.

## WELLNESS *in the* WORKPLACE

Our *Wellness In The Workplace* programs were developed to fit our corporate client's needs. According to the U.S. Chamber of Commerce, "wellness and chronic disease management programs in the workplace play a critical role in improving the nation's health and productivity." Workplace wellness programs have been proven to:

- 🌸 increase energy and productivity
- 🌸 strengthens employee's health habits and health knowledge
- 🌸 reduce workplace stress
- 🌸 improve employee communication
- 🌸 better employee mental AND physical health
- 🌸 create a more enjoyable work environment

We offer a *Lunch and Learn*, *Pop-Up Clinics*, and special offers for your employees.

### Lunch and Learn

At our *Lunch and Learns*, we meet up and talk about hormone balancing and wellness-related topics with your employees over a nutritious catered lunch.

### Pop-Up Clinics

Our *Pop-Up Clinics* provide an on-site wellness coach for employees to visit with and ask questions, along with some of our signature services like IV infusions and vitamin boosters. Think of it like an in-office spa day!

### Included Benefits

- 🌸 Virtual appointments available
- 🌸 Nationwide network with LabCorp to reach employees out of state
- 🌸 Corporate pricing for employees

